

**Mad Hatter Sports Events**  
Hokey Cokey Fowey Distance Chart – 2023

**Long Course**

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| Leg | Description | Running | | Swimming | |
| 1 | Start, Fowey school to the Harbour | | 1800 | |  | |
| 2 | Harbour – Readymoney beach | |  | | 800 | |
| 3 | Readymoney – Coombe | | 2900 | |  | |
| 4 | Combe – Menabilly | |  | | 1500 | |
| 5 | Menabilly - Booley | | 5000 | |  | |
| 6 | Booley - Par | |  | | 650 | |
| 7 | Par – Kamellas Beach | | 2400 | |  | |
| 8 | Kamellas Beach – Dragon Beach | |  | | 400 | |
| 9 | Dragon Beach – Menabilly | | 3500 | |  | |
| 10 | Menabilly – Du’ Maurier House | |  | | 450 | |
| 11 | Du’ Maurier House – Coombe | | 1500 | |  | |
| 12 | Coombe – Readymoney beach | |  | | 900 | |
| 13 | Readymoney beach - finish | | 800 | |  | |
|  | Total Distances | | 17,900 | | 4,700 | |

Total Distance (Meters) 22,600

7 Runs

6 Swims

20.8% of swimming

**Short Course**

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| Leg | Description | Running | | Swimming | |
| 1 | Start, Fowey school to the Harbour | | 1800 | |  | |
| 2 | Harbour – Readymoney beach | |  | | 800 | |
| 3 | Readymoney – Coombe | | 2900 | |  | |
| 4 | Combe – Menabilly | |  | | 1500 | |
| 5 | Menabilly – Combe | | 1600 | |  | |
| 6 | Coombe – Readymoney beach | |  | | 900 | |
| 7 | Readymoney beach - finish | | 800 | |  | |
|  | Total Distances | | 7,100 | | 3,200 | |

Total Distance (Meters) 10,300

4 Runs

3 Swims

31% of swimming