

**Mad Hatter Sports Events**
Hokey Cokey Fowey Distance Chart – 2023

**Long Course**

|  |  |  |  |
| --- | --- | --- | --- |
| Leg | Description |  Running |  Swimming  |
| 1 | Start, Fowey school to the Harbour | 1800 |  |
| 2 | Harbour – Readymoney beach |  | 800 |
| 3 | Readymoney – Coombe | 2900 |  |
| 4 | Combe – Menabilly |  | 1500 |
| 5 | Menabilly - Booley | 5000 |  |
| 6 | Booley - Par |  | 650 |
| 7 | Par – Kamellas Beach | 2400 |  |
| 8 | Kamellas Beach – Dragon Beach |  | 400 |
| 9 | Dragon Beach – Menabilly | 3500 |  |
| 10 | Menabilly – Du’ Maurier House  |  | 450 |
| 11 | Du’ Maurier House – Coombe | 1500 |  |
| 12 | Coombe – Readymoney beach |  | 900 |
| 13 | Readymoney beach - finish | 800 |  |
|  | Total Distances | 17,900 | 4,700  |

Total Distance (Meters) 22,600

7 Runs

6 Swims

20.8% of swimming

**Short Course**

|  |  |  |  |
| --- | --- | --- | --- |
| Leg | Description |  Running |  Swimming  |
| 1 | Start, Fowey school to the Harbour | 1800 |  |
| 2 | Harbour – Readymoney beach |  | 800 |
| 3 | Readymoney – Coombe | 2900 |  |
| 4 | Combe – Menabilly |  | 1500 |
| 5 | Menabilly – Combe | 1600 |  |
| 6 | Coombe – Readymoney beach |  | 900 |
| 7 | Readymoney beach - finish | 800 |  |
|  | Total Distances | 7,100 | 3,200 |

Total Distance (Meters) 10,300

4 Runs

3 Swims

31% of swimming