

A stylized, hand-drawn logo in yellow and black. It features a top hat in the center, flanked by decorative, swirling flourishes that resemble waves or stylized figures. The logo is set against a blue background with a white border.

MAD HATTER SPORTS EVENTS

**GORRAN HAVEN**  
**THE GWINEAS**  
**3.8KM SEA SWIM**

A black and white flag with a white cross, resembling a St. Andrew's cross, positioned below the main text block.

**RACE INFORMATION FOR ALL COMPETITORS & EVENTS TEAM**  
**Mad Hatter Sports Events**

# RACE INFORMATION FOR ALL COMPETITORS & EVENTS TEAM

Welcome to Mad Hatter Sports Events Gwineas swim. Please read ALL the following details carefully and we hope you have a safe and enjoyable event.

## SUNDAY 11TH JUNE REGISTRATION

Gorran Haven Memorial Hall, Gorran Haven, PL26 6JQ.

## DIRECTIONS

Gorran Haven is 8 miles from St Austell. Approach St Austell from the east or west on the A390. In St Austell on the A390 at the double roundabout turn south onto the B3273 (signposted to Mevagissey). Shortly after Pentewan turn right for Gorran Haven (signposted to Gorran Haven) and follow this road all the way to Gorran Haven. Please see maps on the next page.

## EVENT CAR PARKING

There is a large field car park on the left as you head towards the beach via Rice Lane and Canton. The charge is £4. There will be an event team member present to assist.

## 12:00-13:20 REGISTRATION

This will take place in the Gorran Haven Memorial Hall from 12:00 on the day of the event AND WILL CLOSE AT 13:20. At registration you will be given the following:

- **Event Swim hat** which must be worn during the swim at all times
- **Timing chip**
- **Your race number which will be written on both hands**

## PRESENTATIONS

Prizes will be given to the 1st, 2nd and 3rd male and female winners of the race. Plus 1st in each of the following age categories for male and female: 16-25, 26-45, 46-55, 56-65, 66+ and Skins. We will also be giving out spot prizes so please hang around.

## CHANGING & BAG DROP

We recommend that you change either on the beach, in the car park or close to the memorial hall, There will be a secure bag drop in the memorial hall which will be manned at all times.

## MEDICAL ADVICE

If you feel unwell on race day please don't race. If you have a medical condition, including asthma or any allergies, please advise us at time of registration.

First aid assistance throughout the day should you need it and will be based on the beach at Gorran Haven.

## ENVIRONMENTAL CONSIDERATIONS

This is a privately owned beach and we have been given special permission to use it. We ask all competitors and spectators to use the bins provided or take their waste with them.

## SUNDAY 11TH JUNE START

GORRAN BEACH.

## 13:35 CHECK-IN AND RACE BRIEF

There will be a final check-in process just before you go down to the beach for final swim attendance numbers. ALL competitors must check-in and attend the race briefing on the beach as this will contain essential information.

## 14:00am SWIM START

The swim will start on the beach and will involve a short run into the water. The route is out around the rocks and back to the beach and will be marked with buoys. There will be no official food or water station during the swim but our water support kayakers will be carrying a limited amount of bottled water if you really need a drink. If you do not wish to race we suggest you place yourself near the back of the start to avoid being swum over or hit by those with a more competitive nature. Water safety cover will be at hand along the length of the swim. If a competitor has a problem or needs a rest, they must put their hand up, shout help or swim to their nearest paddler/SUP. No backstroke or butterfly is permitted, only front crawl, breaststroke or doggie paddle. Wetsuits are optional but we recommend you wear one if it is your first sea swim.

## THE FINISH

The race will finish on the beach between the Mad Hatter chequered flags and this is where your overall swim time will be recorded. Please show the members of our event team your number (marked on your hand) at the finish line. Do not ask the finish line event team members for your race time or place, as they will not know. All results will be published via our website and social media within 48 hours. Water and sweet snacks will be available at the finish.

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## WEATHER

In the case of severe weather conditions, like strong winds and big swells which will affect sea conditions, we will have no option but to shorten the sea swim or cancel the event and rearrange. Competitors will be notified via email and our social media channels. If possible a new date will be planned or a refund offered in line with our refund policy.

## FOOD & DRINK

Food and drinks are available within the villages and we will also provide you with some goodies when you finish the event, you will have earned it.

## SPECTATORS AND VIEWING AREAS

The general public will have access to the beach and its surrounding areas for spectating. We would kindly ask all spectators to keep clear of the swim route whilst in progress and remain clear of the finish area until the race is over.

## RACE DIRECTORS

**JOHN YELLAND** 07766 405101

**MARTIN SOUTHGATE** 07776 158709

## EVENT TIMINGS and Location

**12:00 – 13:20 REGISTRATION**  
**Gorral Haven Memorial Hall**

**13:30 CHECK-IN AND RACE BRIEF on the beach**  
**ALL competitors on the beach**

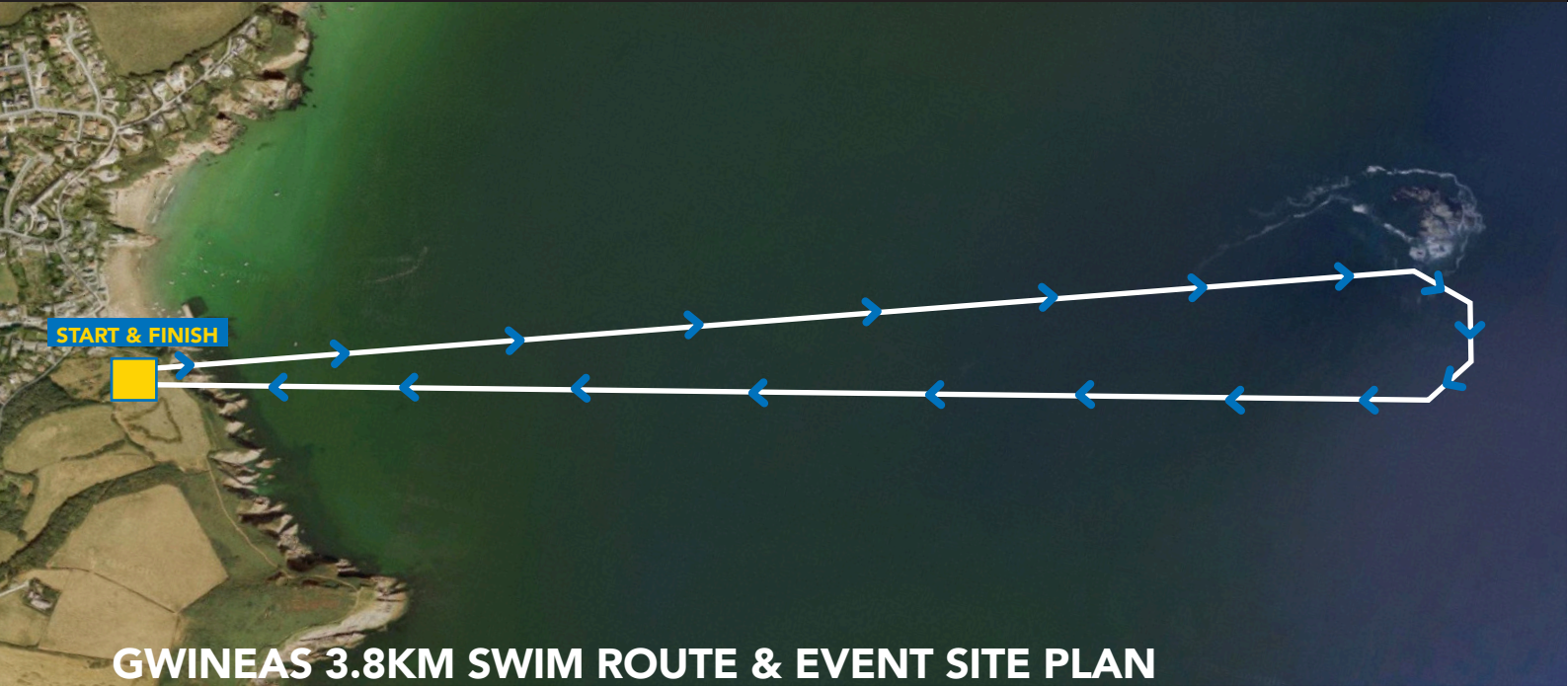
**13:50 WARM UP**  
**Five minutes in the water**

**14:00 START**  
**On the edge of the water**

**Last finisher expected 17:00pm**

**17:00pm Approx. PRIZE GIVING**  
**On the beach at Gorran**

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## GWINEAS 3.8KM SWIM ROUTE & EVENT SITE PLAN

