

**Mad Hatter Sports Events**
Hokey Cokey Roseland Distance Chart – 2024

|  |  |  |  |
| --- | --- | --- | --- |
| Leg | Description | Running | Swimming  |
| 1 | Start, Portscatho car park – Harbour Slipway | 800 |  |
| 2 | Portscatho harbour slipway – Watchtower hut |  | 860 |
| 3 | Watchtower hut – Porthbean beach | 840 |  |
| 4 | Porthbean beach south – Porthbean beach north |  | 630 |
| 5 | Porthbean beach north – Carne Beach | 3400 |  |
| 6 | Carne Beach – Mallets Cottage  |  | 1000 |
| 7 | Mallets Cottage – Broom Park Cove | 3400 |  |
| 8 | Broom Park Cove rocks – Broom Park Cove centre |  | 300 |
| 9 | Broom Park Cove centre – Portloe | 1800 |  |
| 10 | Portloe – Shag Rock |  | 1000 |
| 12 | Shag Rock – Perbean Beach | 4100 |  |
| 13 | Perbean Beach – Caerhays |  | 1000 |
| 14 | Caerhays – Vault Beach | 7500 |  |
| 15 | Vault Beach – Gorran Haven |  | 1000 |
| 16 | Gorran Haven – Colona Beach | 2900 |  |
| 17 | Colona Beach – Portmellon |  | 2000 |
| 18 | Portmellon – Mevagissey | 1600 |  |
| 19 | Mevagissy – Polstreath |  | 550 |
| 20 | Polstreath – Finish | 1400 |  |
|  | Total Distances | 27,740 | 8,343 |

Total Distance (Meters) 36,083

10 Runs

9 Swims

23.1% of swimming



**Mad Hatter Sports Events**
Hokey Cokey Roseland Distance Chart – 2024 - Relay

**Relay Leg 1**

|  |  |  |  |
| --- | --- | --- | --- |
| Leg | Description | Running | Swimming  |
| 1 | Start, Portscatho car park – Harbour Slipway | 800 |  |
| 2 | Portscatho harbour slipway – Watchtower hut |  | 860 |
| 3 | Watchtower hut – Porthbean beach | 840 |  |
| 4 | Porthbean beach south – Porthbean beach north |  | 630 |
| 5 | Porthbean beach north – Carne Beach | 3400 |  |
| 6 | Carne Beach – Mallets Cottage  |  | 1000 |
| 7 | Mallets Cottage – Broom Park Cove | 3400 |  |
| 8 | Broom Park Cove rocks – Broom Park Cove centre |  | 300 |
| 9 | Broom Park Cove centre – Portloe | 1800 |  |
|  | Total Distances | 10,240 | 2,790 |

Total Distance (Meters) 13,030

5 Runs

4 Swims

21.4% of swimming

**Relay Leg 2**

|  |  |  |  |
| --- | --- | --- | --- |
| Leg | Description | Running | Swimming  |
| 1 | Portloe – Shag Rock |  | 1000 |
| 2 | Shag Rock – Perbean Beach | 4100 |  |
| 3 | Perbean Beach – Caerhays |  | 1000 |
| 4 | Caerhays – Vault Beach | 7500 |  |
|  | Vault Beach – Gorran Haven |  | 1000 |
|  | Total Distances | 11,600 | 3,000 |

Total Distance (Meters) 14,600

2 Runs

3 Swims

20.2 % of swimming

**Relay Leg 3**

|  |  |  |  |
| --- | --- | --- | --- |
| Leg | Description | Running | Swimming  |
| 1 | Gorran Haven – Colona Beach | 2900 |  |
| 2 | Colona Beach – Portmellon |  | 2000 |
| 3 | Portmellon – Mevagissey | 1600 |  |
| 4 | Mevagissy – Polstreath |  | 550 |
| 5 | Polstreath – Finish | 1400 |  |
|  | Total Distances | 5.,900 | 2.250 |

Total Distance (Meters) 8,450

3 Runs

2 Swims

26.6 % of swimming