

**Mad Hatter Sports Events**  
Hokey Cokey Roseland Distance Chart – 2024

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| Leg | Description | Running | | Swimming | |
| 1 | Start, Portscatho car park – Harbour Slipway | | 800 | |  | |
| 2 | Portscatho harbour slipway – Watchtower hut | |  | | 860 | |
| 3 | Watchtower hut – Porthbean beach | | 840 | |  | |
| 4 | Porthbean beach south – Porthbean beach north | |  | | 630 | |
| 5 | Porthbean beach north – Carne Beach | | 3400 | |  | |
| 6 | Carne Beach – Mallets Cottage | |  | | 1000 | |
| 7 | Mallets Cottage – Broom Park Cove | | 3400 | |  | |
| 8 | Broom Park Cove rocks – Broom Park Cove centre | |  | | 300 | |
| 9 | Broom Park Cove centre – Portloe | | 1800 | |  | |
| 10 | Portloe – Shag Rock | |  | | 1000 | |
| 12 | Shag Rock – Perbean Beach | | 4100 | |  | |
| 13 | Perbean Beach – Caerhays | |  | | 1000 | |
| 14 | Caerhays – Vault Beach | | 7500 | |  | |
| 15 | Vault Beach – Gorran Haven | |  | | 1000 | |
| 16 | Gorran Haven – Colona Beach | | 2900 | |  | |
| 17 | Colona Beach – Portmellon | |  | | 2000 | |
| 18 | Portmellon – Mevagissey | | 1600 | |  | |
| 19 | Mevagissy – Polstreath | |  | | 550 | |
| 20 | Polstreath – Finish | | 1400 | |  | |
|  | Total Distances | | 27,740 | | 8,343 | |

Total Distance (Meters) 36,083

10 Runs

9 Swims

23.1% of swimming



**Mad Hatter Sports Events**  
Hokey Cokey Roseland Distance Chart – 2024 - Relay

**Relay Leg 1**

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| Leg | Description | Running | | Swimming | |
| 1 | Start, Portscatho car park – Harbour Slipway | | 800 | |  | |
| 2 | Portscatho harbour slipway – Watchtower hut | |  | | 860 | |
| 3 | Watchtower hut – Porthbean beach | | 840 | |  | |
| 4 | Porthbean beach south – Porthbean beach north | |  | | 630 | |
| 5 | Porthbean beach north – Carne Beach | | 3400 | |  | |
| 6 | Carne Beach – Mallets Cottage | |  | | 1000 | |
| 7 | Mallets Cottage – Broom Park Cove | | 3400 | |  | |
| 8 | Broom Park Cove rocks – Broom Park Cove centre | |  | | 300 | |
| 9 | Broom Park Cove centre – Portloe | | 1800 | |  | |
|  | Total Distances | | 10,240 | | 2,790 | |

Total Distance (Meters) 13,030

5 Runs

4 Swims

21.4% of swimming

**Relay Leg 2**

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| Leg | Description | Running | | Swimming | |
| 1 | Portloe – Shag Rock | |  | | 1000 | |
| 2 | Shag Rock – Perbean Beach | | 4100 | |  | |
| 3 | Perbean Beach – Caerhays | |  | | 1000 | |
| 4 | Caerhays – Vault Beach | | 7500 | |  | |
|  | Vault Beach – Gorran Haven | |  | | 1000 | |
|  | Total Distances | | 11,600 | | 3,000 | |

Total Distance (Meters) 14,600

2 Runs

3 Swims

20.2 % of swimming

**Relay Leg 3**

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| Leg | Description | Running | | Swimming | |
| 1 | Gorran Haven – Colona Beach | | 2900 | |  | |
| 2 | Colona Beach – Portmellon | |  | | 2000 | |
| 3 | Portmellon – Mevagissey | | 1600 | |  | |
| 4 | Mevagissy – Polstreath | |  | | 550 | |
| 5 | Polstreath – Finish | | 1400 | |  | |
|  | Total Distances | | 5.,900 | | 2.250 | |

Total Distance (Meters) 8,450

3 Runs

2 Swims

26.6 % of swimming